

POLL: EMERGENCY PHYSICIAN MENTAL HEALTH BARRIERS



DESPITE INCREASED LEVELS OF STRESS AND BURNOUT, NEARLY HALF OF THE NATION'S EMERGENCY PHYSICIANS HESITATE TO SEEK MENTAL HEALTH TREATMENT.

73%

NEARLY 3/4 OF EMERGENCY PHYSICIANS FEEL THERE IS STIGMA IN THEIR WORKPLACE.

57%

NEARLY THREE IN FIVE EMERGENCY PHYSICIANS ARE CONCERNED FOR THEIR JOB IF THEY SEEK MENTAL HEALTH TREATMENT.

27%



AVOIDED MENTAL HEALTH TREATMENT FOR FEAR OF PROFESSIONAL REPERCUSSIONS.

73%

EMERGENCY PHYSICIANS CITED JOB SECURITY, PROFESSIONAL STIGMA, AND FUTURE JOB OPPORTUNITIES AS WHY THEY AVOIDED MENTAL HEALTH TREATMENT.





THIS JOINT POLL FROM AMERICAN COLLEGE OF EMERGENCY PHYSICIANS AND MORNING CONSULT WAS CONDUCTED ON OCT.7-13, 2020 AMONG A NATIONAL SAMPLE OF 862 EMERGENCY PHYSICIANS. RESULTS FROM THE FULL SURVEY HAVE A MARGIN OF ERROR OF PLUS OR MINUS 3 PERCENT.